Get ready to explore the hottest topics in plastic surgery, dermatology & aesthetic science in 3 days.

Edition N°3

CARTAGENA
COLOMBIA - AUGUST 1 TO 3

With the academic collaboration of AsoColDerma
After its incredible experience of 2018, IMCAS returns to Cartagena de Indias with three times the charm for the 3rd edition of IMCAS Americas.

This year’s program amounts to 80 scientific sessions presented in engaging learning formats guaranteed to enhance your practical knowledge and skills in dermatology, plastic surgery and aesthetic science. Each of the three congress days presents a full-day LIVE event: a series of minimally-invasive live demonstrations on Thursday; non-stop dissections during the Anatomy on Cadaver Workshop on Friday; concluding with a one-day live surgery course on Saturday.

IMCAS Americas is also the ideal place to discover the latest products on the market. Take a stroll through the exhibition hall and attend the symposia to see the demonstrations and activities prepared by leaders of the industry.

The Networking Cocktail, the Gala Dinner and the Noche Colombiana dinner offer excellent opportunities to socialize in an intimate but open atmosphere so that attendees may exchange and discuss on a more personal level with the speakers, fellow delegates and industry representatives.

IMCAS Americas 2019 promises top quality science at the heart of beauty, the perfect setting for a unique educational experience that fills the mind and pleases the senses.

Welcome to beautiful Cartagena de Indias.
**Understanding the anatomy**

In buttocks augmentation, fat transfer is usually performed through a small incision made in the crease between the buttocks and thigh. The surgeon then harvests fat from a donor site, such as the abdomen or thighs, and transfers it to the buttocks. This process involves several steps, including:

1. **Fat harvesting:** Fat is harvested from a donor site using liposuction. This involves inserting a small tube (cannula) through an incision to remove fat. The fat is then collected in a bag for later processing.
2. **Fat processing:** The harvested fat is then processed to remove any debris or blood. This can involve centrifuging the fat to separate the fat cells from any cellular debris.
3. **Fat injection:** The processed fat is then injected into the buttocks to create volume and shape. This is typically done using a cannula or a syringe.

**Techniques to remember**

- **Use of fat mixtures:** Mixture of lipoaspirate and autologous serum (LARS) can improve fat survival.
- **Injection techniques:** For optimal results, it is important to use a combination of direct injection and cannula technique.
- **Depth of injection:** The depth of injection can also impact the outcome. For superficial areas, such as the buttocks, fat is typically injected more superficially.

**The bottom line**

- **Fat harvesting:** Fat harvesting is a critical step in buttocks augmentation. The quality of the fat harvested can impact the final results.
- **Fat processing:** Proper fat processing is essential to ensure that the fat is in the best condition for injection.
- **Fat injection:** The technique used for fat injection can impact the final results. Different techniques can be used to achieve different effects.

**References**


**Meet the faculty**

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**TALKING AESTHETICS**

V4 Americas Program 06_06_2019

**LET’S START FROM THE “BOTTOM”**

BBL has become “indispensable” and optional procedures over the past years, with a 12% global increase in just one year between 2016 and 2017. This line allows surgeons to conduct a wide variety of treatments on the buttocks and other areas of skin. It is important to understand that

- **Not all** patients are candidates.
- **Not all** types of fat are suitable for treatment.
- **Not all** areas of the body are suitable.

**The bottom line**

- **Staying away from the facts** and costs can result in subpar results.
- **Seeking a qualified** surgeon is essential.
- **The value of risk** should be thoroughly discussed with the patient.

**Updated list on ICAGC.COM**

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The ultimate goal of IMCAS congresses is the collective progress in all fields of aesthetic science through the exchange and cooperation. The standards to maintain the high-quality scientific level are further bolstered by a network of Scientific societies around the world. The collaborations have the mutual aim of nourishing each other’s influence and outreach in plastic surgery, dermatology and aesthetic science, so that our progress forward is always in the direction that benefits all disciplines.

IMCAS strives for constant EXCELLENCE IN SCIENTIFIC CONTENT, therefore all sessions of our congresses comply with the CONFLICT OF INTEREST policy, and must disclose any potential influences that may bias the content.

The key themes are presented through dynamic and stimulating formats to ensure that you retain the maximum from each session. Watch as speakers BATTLE to defend their preferred methodology on a given topic, or delve deeper into a major topic during FOCUS SESSIONS. For those who prefer more action, the INTERACTIVE WORKSHOPS and PATIENT DEMONSTRATIONS allow you to see the speakers perform in real-time.

The IMCAS ALERT COMPLICATIONS sessions present problematics based on real complications and difficult cases from practices with analysis and solutions from the experts. Are you an investigative learner? Plunge into deeper examination of a targeted problematic during the TARGET COURSES. More into visual materials? The VIDEO COURSES introduce short video trainings that focus on applied techniques on a theme of your choice.
THURSDAY

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THE LEARNING OBJECTIVES OF IMCAS CONGRESSES

• Identify the important advances in treatments or intervention methods for each specialty.
• Evaluate the implications of recent studies and research in various areas of aesthetic science.
• Analyze the significance of technological advancements and new innovations.

LIVE DEMONSTRATIONS ON THURSDAY

These sponsored activities where company affiliated experts perform treatment procedures on live patients allow you to see the products and devices in action right before your eyes.

The live demonstrations are first of the three daily five events waiting for you during the congress. Be sure to attend the back-to-back treatment performances, starting off with fillers, toxins and peeling, followed by threads, and concluding with demonstrations using lasers & EBBD.

LATAM - EURO LIVE SURGERY ON SATURDAY

IMCAS Surgery sessions are designed specifically to provide practical training to improve the depth and breadth of your surgical skills. The best of the best in plastic surgery perform the procedures in real-time so you can follow along as they go over the most controversial and trickiest surgical topics in recent years: liposculpture, body contouring, face and breast surgery, as well as safety protocols for pes and post operations. The live surgery performances are accompanied by cadaver dissections so that you can see the surgery and the anatomical region it concerns all in one course.

The LATAM - EURO Live Surgery on Saturday is supported by worldwide surgical scientific societies who will evidence the specificities of the practice by continent.

ANATOMY ON CADAVER WORKSHOP ON FRIDAY

It is popular for a reason: you get three trainings in one session. The renowned surgeons and speakers of the cadaver sessions take you on an educational adventure where you explore the techniques, the anatomy and concrete cases so that you can perfect not only your proficiency with injectables for the peripheral, maxillo-, lower face but also the genital area.

This is the perfect opportunity to show your anatomical references and gain a visual understanding of “what lies beneath,” so that you apply the most effective techniques to the right areas and avoid the danger zones.

GENITAL TREATMENTS ON THURSDAY

Whether the demand is for functional or aesthetic corrections, it’s important to know your intervention methods to deliver the results your patients desire. This intimate module, led by prominent physicians in the field, explores the surgical and non-surgical treatment procedures.

Open to gynecologists and physicians alike, this all-encompassing course is designed for both male and female treatments, covering various intervention methods with injectables & new technologies, indications, combinations, along with the opportunity to examine the genital anatomy of both genders.

MALE TREATMENTS ON SATURDAY

To address the growing number of male patients in recent years, and to help you deliver the desired results to your male patients, this expert speakers module, the expert speakers of this module take you step-by-step from head to toe on how to perfect the various procedures for men’s face and body treatments:

from hair restoration to the facial and body aesthetics for men, all the way to the delicate and complex procedure of transgender surgery.

Get their insight on understanding the expectations and achieving best outcomes with a special focus on the physical and structural differences between the two genders and the techniques you need to adapt to each morphology.

COMBINED TREATMENTS ON FRIDAY & SATURDAY

The experts in dermatology, plastic surgery and aesthetic science have affirmed time and again the effectiveness of combining treatment methods for the most natural and optimum results.

The sessions on this topic explore the combined treatment methods for facial rejuvenation as well as other popular procedures, delving into details of which combinations are tested and trusted, and which mixes require more precaution.

This module is designed to help minimize the risks and maximize patient satisfaction through case examples and analysis on the latest products that could complement each other.

IMCAS Surgery sessions are designed specifically to provide practical training to improve the depth and breadth of your surgical skills. The best of the best in plastic surgery perform the procedures in real-time so you can follow along as they go over the most controversial and trickiest surgical topics in recent years: liposculpture, body contouring, face and breast surgery, as well as safety protocols for pes and post operations. The live surgery performances are accompanied by cadaver dissections so that you can see the surgery and the anatomical region it concerns all in one course.

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CLINICAL DERMATOLOGY ON SATURDAY

The Clinical Dermatology module aims to perfect your knowledge in the diagnosis and treatment methods for common skin ailments so that you upgrade your dermatologic proficiency with up-to-date and true.

International dermatologists present their clinical studies in the examination, prevention and intervention on dermatological pathologies such as melasma, pigmentation diseases, acne, rosacea, psoriasis and hyperhidrosis, with a special emphasis on the session dedicated to treating colored skin. This is a unique opportunity to receive tailored tips and tricks from experienced specialists that are concrete and applicable.

REGENERATIVE MEDICINE ON FRIDAY

This interdisciplinary module presents the growing importance of regenerative surgery and cell therapy. This module aims to help practitioners develop the methods of approach and skills required to master procedures and better incorporate them into practice. The experts cover the latest developments and evidence in research on PRP’s, cell therapy and lipofilling, as well as in-depth treatment techniques for the most balanced and natural results.

PRACTICE MANAGEMENT ON FRIDAY

In the modern era of social media and digital marketing, being a great physician entails not only having the medical competencies, but also the techniques for surviving in this New Age market.

The sessions also tackle important questions that may arise in your practice: How can I keep my patients coming back? How can I make sure my patients keep coming back? Attend these lectures and get the answers you need!

LASERS & EBD ON THURSDAY & FRIDAY

The sessions on lasers & EBD are designed to demonstrate the diverse ways the latest devices are used for aesthetic procedures: pigmentation, skin tightening, vascular complications and hair removal. For the full effects of the devices, be sure to attend the live demonstrations where procedures are done on real patients to show you real results.

THREADS ON ALL 3-DAYS

Threads and suspending devices are great options or complementary treatment methods for rejuvenation. Find a session each day for the various application of threads, starting from the brow, upper face, lower face and neck, followed by detailed coverage of complication cases during the IMCAS Alert session.

To see the latest products in action, the live demonstrations allow you to watch the procedures performed on patients and see the results for yourself.
HansBiomed is one of the leading Bioengineering companies in Korea.
With our technologies, we are manufacturing cutting edge medical devices in Aesthetic Plastic Surgery field.
Among various products, MINT is a specialized item for facial tissue approximation.
(MINT is PDO suture with Molded helical cogs)
With our patent on helical cog design, MINT is able to give stronger holding strength than flat cog design.

**Gold**
HANSBIOMED CORP. SOUTHERN KOREA

**Bronze**
APAX MEDICAL USA
COCOON MEDICAL, SPAIN
DAEWOONG, SOUTHERN KOREA
GLOBAL MEDICAL SOLUTIONS A.S., CANADA
VENUS CONCEPT, CANADA

**CLASSIC**
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BIO ON PHARMA SAS, COLOMBIA
JETT, CZECH REPUBLIC
QUANTIFICAIRE, FRANCE
SPR MIR CORPORATION, SOUTH KOREA
VISCOULPT, PANAMA
ZERO GRAVITY SKIN, USA

**Ethical MedTech**
IMCAS Americas 2019 is compliant under Ethical Medtech
Event reference: EMT15974
The Medtech Europe Code of Ethical Business Practices sets strict, clear and transparent rules for the industry’s relationship with Healthcare Professionals (HCP) and Healthcare Organisations (HCOs), including arrangements with consultants, research and financial support to medical education.

**Sponsorship**
In a case of sponsorship, IMCAS receives financial support from the sponsoring company and in return provides the stage for product promotions. For this reason, the contents of sponsored sessions are not endorsed by IMCAS.

**Educational Grant**
A grant is a financial donation from external parties as a gesture to support a project or program. The contents of sessions with grants are developed entirely by the IMCAS Scientific Committee and follow the same code of ethics and COI policy as scientific sessions.

**Mint Lift**
HansBiomed Corp. Leading Regenerative Medical Inc.

**The Buzz About Americas**

**ANATOMY AS THE ULTIMATE MAP ILLUSTRATED BY PROF.COTOFANA**
There is one blunt truth: “The cadaver is always right.” Only, the way in which we look at anatomy is different. We can use dissections, power-point based lectures, videos or schematic drawings. All of these modalities are tools to translate the complex anatomy into an easier language for doctors, so that they can use and apply it when they treat patients. Anatomy is like a map. The better you know where you are, the faster you can arrive and achieve your goals. And you have to understand all elements illustrated in a map, like the “no-go” zones. You don’t want to get lost and you certainly don’t want to turn the wrong path and cause damage.

**Dr Fernandez States in Youth We Learn**
This “young” module was developed last year in order to form a strong collaboration between young practitioners to ensure that the future generation can be exposed to rich, educational content under a wider umbrella of aesthetic surgery’s origins. It’s the chance to develop in theory as well as in practice, and to exchange with some of the most revered international experts. It also includes a unique opportunity where resident doctors can present a clinical case before a jury of some of the best, most experienced professionals from all over the world and the winner is awarded a prize.

**Jonathan Fernandez**
Plastic surgeon, France
PLACES WE LOVE TO VISIT

CASTLE OF SAINT PHILIPPE OF BARAJAS –
You cannot visit Cartagena without making a trip up to this huge castle which peeks over the city. Stroll through the battlements, weave your way through underground passages and admire the impressive architecture.

PLAYA BLANCA, BARU ISLAND –
Undoubtedly one of Colombia’s most beautiful beaches with crystal clear waters and perfectly white sand. Only 45min by boat from the Cartagena port.

HEREDIA THEATER –
Built on the ruins of the old Church of La Merced (1625) to commemorate the Centennial of Independence in 1911, this historical theater was then restored as a cultural center of performing and musical arts.

CASA CHIQUI –
Make sure to visit this restored 1930s warehouse, described by Vogue as Cartagena’s “most dazzling store.” Stocked with beautiful items from all over the world, you can be sure to walk away with some unique furniture and accessories.

OUR MEALTIME FAVORITES

MAREA BY RAUSCH –
Located at the Convention Center, this restaurant is an immersive experience for the senses with a stunning panoramic view of the walled city.

EL GOBERNADOR BY RAUSCH –
One of the few true high-end dining options in the city serving traditional local cuisine with a European flair.

MISTURA CARTAGENA –
A sought after open air restaurant with ceviche fusion and live music.

WHERE TO UNWIND

CAFÉ DEL MAR –
The best spot to watch the sunset in Cartagena while sipping a nice cocktail.

ALQUIMICO –
A must stop to enjoy delicious drinks in this local central bar with a cosmopolitan feel.

CAFÉ HAVANA –
The most famous bar in Cartagena, all about the sizzling Cuban vibes.

UNA NOCHE COLOMBIANA
Let us whisk you away on a unique dining experience!
Step outside the ordinary and exchange with other guests in a friendly exotic atmosphere.
Saturday, August 3 at 8 PM
Reserve your seat online for 120 USD.

CARTAGENA DE INDIAS was recognized by UNESCO for its remarkable historic value in 1984. This fascinating Caribbean destination is the gateway to the Americas and the most beautiful and international of Colombian cities.

IMCAS TRAVELER

IMCAS TAILORED TO YOU

ALL INCLUSIVE PASS + HOTEL

Book your hotel directly through the IMCAS website and benefit from our special reservation rates. Have you heard of our all-in-one option? Get our “All Inclusive Pass + Hotel” badge so that you get all the congress and hotel advantages at once.

PACKAGE INCLUDES:
- Physician badge, optional courses, IMCAS Academy, VIP Lounge, Gala Dinner and 3-night accommodation (check-in on Thursday, August 1 and check-out on Sunday, August 4)
- THE HOTEL CHARLESTON SANTA TERESA

BOOK AT WWW.IMCAS.COM
For any queries:
registration@imcas.com

GALA DINNER & AFTER PARTY
Join us for an amazing night at the Hotel Charleston Santa Teresa on Friday, August 2 at 8 PM.
Reserve your seat ahead of time for 150 USD.

UNA NOCHE COLOMBIANA
Let us whisk you away on a unique dining experience!
Step outside the ordinary and exchange with other guests in a friendly exotic atmosphere.
Saturday, August 3 at 8 PM
Reserve your seat online for 120 USD.
WHERE TO GO THIS UPCOMING SEASON?

Whether it’s escaping to Bali, exploring Cartagena de Indias, coming to Paris, or learning from your private room, IMCAS knows the route to the leading subjects in plastic surgery, dermatology and aesthetic science. Simply follow your needle and your scalpel...

* FEEDBACK FROM IMCAS AMERICAS 2018*

“Me pareció un congreso de muy alto nivel donde pude aprender de grandes expositores”

Félix Molé Ramalvo JADÚ, Dermatólogo, Bolivia

“Great Event. It was a pleasure to participate. Exposers from different parts of the Americas were invited and the talks, exchange of experiences and discussion was at high level.”

Andre FERRAO VARGAS, Dermatologist, Bolivia

WHAT ABOUT LEARNING ANYTIME FROM ANYWHERE?

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IMCAS AMERICAS 2019 CARTAGENA DE INDIAS - AUGUST 1 TO 3

IMCAS ANNUAL WORLD CONGRESS 2020 PARIS - JAN 30 TO FEB 1

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• The importance of teamwork and leadership in the management of patients in burns centres

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IMCAS

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Jan 30 - Feb 1
Paris, France

Youth & Age in Plastic Surgery, Dermatology and Aesthetic Science in 2020